

## **Adult Day Center**

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact Email

inquire@daybreaksva.com or tAtkinson@daybreaksva.com

Intake Process

Call for information; complete application

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Social Services

Report Problems

Call the Agency

Self Refer

Yes

dayBreaks Adult Day Center

<http://daybreaksva.com/>

<https://www.daybreaksva.com/activity-calendar>

Main

(804) 419-0999

2405 Dovercourt Drive

23113 VA

United States

Additional Availability Comments

Office hours during the week 7:30am-5:30pm Monday - Friday.

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

dayBreaks Day Center for Seniors provides programs and activities to meet the needs and capabilities of each individual. The Center can provide respite time and a break from being the primary caregiver. Programs include art for memory strengthening, weekly afternoon socials, inter-generational activities, music and singing, board games and more.

Services include

- Administration of medications
- Assistance with personal care provided by certified nursing assistants
- Daily observations, and basic health and mood monitoring
- Emotional support and social stimulation
- Nutritious lunch and snacks, which accommodate any special dietary or functional needs
- State-of-the-art monitoring and security systems

The staff to participant ratio is 1:5. Staff have extensive experience with the specific needs of the elderly and are trained to work with individuals who have memory issues, including Alzheimer's disease and related dementia.

Service Area(s)

Chesterfield County

Email

[tatkinson@daybreaksva.com](mailto:tatkinson@daybreaksva.com)